

Brookhaven College  
Cooperative Education  
Seminar Summary

Student Name: Peyton Whitley

Date Completed: 10/09/18

Hours: 2

Course: CDEC 2380

Training Type: Meeting Workshop **Other: Certificate of Completion TAMOU**

Name of Speaker, author, etc: Texas A&M Agrilife Extension

Purpose or Subject: Abusive Head Trauma (Shaken Baby Syndrome): A Guide for Child Care Providers (571)

During the duration of this course you learn about all the important factors that come into play with Abusive Head Trauma. We begin by learning simply what abusive head trauma is, going hand in hand with Shaken baby syndrome both of which usually brought on by abusive behavior or acts. Both seem to have symptoms and signs, including: irritability or fussiness, vomiting, trouble sucking or swallowing, rigidity in the body, labored breathing, coma, seizures, and many more. If a child care professional or anyone else of that matter is suspicious or sees something that may be abusive head trauma or shaking baby syndrome they need to instantly report! This course and certification list the different ways to report an instance, after first and foremost seeking medical attention. Along with all of that information, it loads you full of tips and tricks to prevent abusive head trauma.

This seminar truly showed me the difference between shaken baby syndrome/ abusive head trauma compared to everyday actions or play. Before taking this course, I wasn't sure if shaking or rocking a baby too hard could cause damage or be classified as "shaking baby syndrome." By completing this certification, I learned that no, abusive head trauma can not be caused by normal daily activity or actions. It's an injury to a child's brain resulting from abuse. I learned the causing factors, being stress or frustration. Making yourself knowledgeable on the different stages and periods of an infant's life, along with early childhood, will truly help ease some of these factors. Along with becoming more knowledge about the situation and matter itself. We then as child care professionals or providers need to begin sharing our knowledge with other, with other educators or mothers. We can learn and share stress techniques to sooth ourselves, whilst putting them into practice not only with our own children but as educators. This course also hands educators the correct resources and tools to use in situations or circumstances, which is always a good thing to have and be aware of in your state.

Certificate of Completion

# **Peyton Whitley**

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**Hours:** 2

**Completion Date:** 2018-10-09

**Expiration Date:** 2019-10-09

**Certificate ID:** 9831189-3531138